Dear student

We are writing to you because all 16 and 17 year-olds are now eligible to have the COVID-19 vaccine. It is really important for everyone in this age group to come forward for the vaccination before they return to college in September. This is because having the vaccine is the single most important step that you can take to protect yourself and your family and friends against COVID-19.

You will be offered one dose of the Pfizer vaccine, which evidence shows provides 80% protection from becoming seriously ill or hospitalised with COVID-19. The vaccine has been extensively tested for safety by scientists worldwide and has already been given to millions of people across the UK.
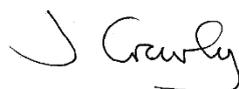
Getting the vaccine is quick and easy. You can drop in to one of many walk-in sessions which are taking place across Norfolk and Waveney, or can wait to be contacted by the NHS to book an appointment. A full list of walk-in clinics is available here: https://apps.norfolk.gov.uk/WalkIn/Form/AllAvailableClinics. If you have already had the virus you should still have the vaccine, as it is the best way to stop yourself from becoming ill again in the future.

If you have any questions or are worried about the jab, please talk to the friendly staff at our vaccination centres. They will be happy to answer any queries or offer assurance if you are nervous. You can also bring along a friend or family member for support if you would like to.

You can find out more about the vaccine at www.norfolkandwaveneyccg.nhs.uk/covid/children-and-young-people-12-17-years-covid-19-vaccination. Useful information about COVID-19, the vaccine, managing stress and where to go for extra support is also available on the Just One Norfolk website at www.justonenorfolk.nhs.uk/covid-19-coronavirus-faqs

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